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Did you know that CNHC is on Facebook? If you have a personal or business account, please like our page and share our posts.

We send out frequent updates with job opportunities, the latest news from us and public awareness posts.

Please like our Facebook page [here](#).

Reiki PSB Elections

The election process for the Reiki Profession Specific Board (PSB) will begin on Monday 1 October 2018

PSB members are elected by registrants in order to give CNHC registered practitioners a direct say in who will act as advisers to CNHC's Board. Any Reiki registrant can stand for election for the Reiki PSB, including those who are currently PSB members.

Reiki PSB Election Timetable:

- Monday 1 October 2018: CNHC registered Reiki practitioners to receive an email with details inviting them to stand for election
- Monday 22 October 2018: deadline is 5pm for election statements
- Tuesday 23 October 2018: election statements to be made available and CNHC registered Reiki practitioners will be invited to vote electronically via SurveyMonkey
- Tuesday 6 November 2018: closing date is 12pm (midnight) for voting.
- Wednesday 7 November 2018: successful candidates to be notified and results announced.

Details for the Reiki PSB Elections can also be found on our website here: <https://www.cnhc.org.uk/reiki-psb-election-begins-soon>

King's College Research Project



A project aiming to understand what happens during Complementary and Alternative Medicine (CAM) consultations is being undertaken as part of a PhD project at King's College London. This project contributes to King's College London's role in conducting research, teaching and research methods. The researcher plans to use the outcome of the survey to support patients on medications for long-term conditions.

The organisers are inviting people aged 18 or older who see a CAM therapist to take part in an online survey. If they agree to take part, the responses will be anonymous and will take approximately 15 minutes to complete. Upon completion of the online survey, they will be entered into a drawing for a £50 M&S voucher.

The online survey and more details about the study and can be found [here](#).

CNHC Local Champions

Do you want to help spread awareness of CNHC and your practice locally? Then we want to hear from you! We are expanding our Local Champions network and are looking for eager CNHC registrants to help spread the word about standing up for standards. If you are interested in finding out more, please get in touch with Carolyn Watson, Communications Manager: carolyn.watson@cnhc.org.uk

Renewal and Registration fee Update

With effect from Monday 1 October 2018 the registration and renewal fee will be £70.00.

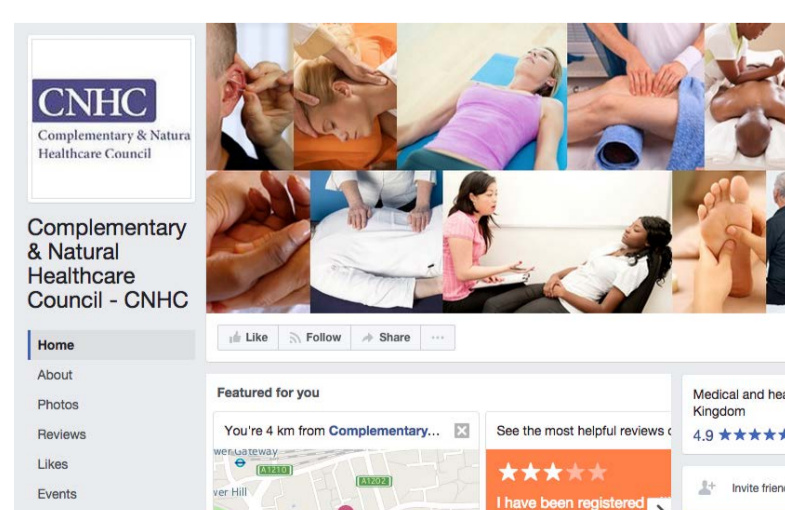
Anyone completing their online registration or renewal up to midnight on Sunday 30 September 2018 will be able to register or renew at the current rate of £68.00. The fee for registration of additional disciplines will remain at £10 per discipline, and for renewal at £5 per discipline (to a maximum of four, after which it is free).

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Welcome to the September 2018 edition of newsupdate

CNHC Chair, Michael Watson

What a glorious summer it has been. Hope you have enjoyed some time in the sun and are now ready to get back into the swing of things as autumn quickly approaches.

This is often the time of year when we can start to see the fruits of our efforts for the first half of the year, and it also gives us the chance to evaluate our plans for the rest of the calendar year. CNHC has seen an increase of new users visiting our website and in searches on our accredited register since this time last year. We have also seen an increase in likes and follows on our social media channels. If you are active on social media but don't like or follow us yet, you can find us on [Facebook](#), [Twitter](#), [LinkedIn](#) and [YouTube](#).

We're delighted to be a partner organisation of The National Institute for Health and Care Excellence (NICE) Shared Decision Making Collaborative. Other partners include NHS England, local authorities and National Voices. The purpose of the Collaborative is to help ensure that people who deliver and receive care work together to select treatments and support, based on evidence and what really matters to the individual. One of the topics at this year's annual meeting included the pressures on the NHS. Our Chief Executive seized the opportunity to flag up the powerful messages about CNHC registrants in the RSPH/PSA report 'Untapped Resources' and to distribute copies of the report.

Coming up in October, we'll be exhibiting at another King's Fund event '[Community is the Best Medicine](#)'

As regulation and public protection are fundamental duties for CNHC, key aspects of these responsibilities are often featured and highlighted in our communications. In this month's newsletter we continue our segment on The CNHC Code of Conduct and include some important information about how CNHC works with professional associations.

Have a wonderful month and keep up the great work.

Best wishes, Michael



Michael Watson

CNHC Registrant provides Healing within the NHS



Shuna Watkinson (second from the right) and the Endoscopy Team at East and North Hertfordshire NHS Trust

Shuna Watkinson, CNHC registered in Healing, has been providing complementary therapy at the East and North Hertfordshire NHS Trust for the past 8 years.

She is currently the Complementary Therapy Coordinator at the Trust, and her post is now fully funded by the Respiratory and Endoscopy departments. She manages four volunteer therapists who can be found in clinics, on the wards of the Macmillan chemotherapy centre and in endoscopy. The team provides therapy to patients, carers and staff at the Trust.

Her journey is a long story, but the Sam Buxton Sunflower Healing Trust played a key role. Find out more about her path to providing Healing in the NHS on our latest blog [here](#).

Focus on the CNHC Code

Last month we highlighted Principle A, which deals with respecting clients' privacy, dignity, individuality and confidentiality. This month, we take a closer look at Principle B which covers respecting clients' rights.

Principle B: You must respect clients' rights to be involved in decisions about their care

There are 8 parts to Principle B (B1 – B8). Parts B1 – B4 establishing communication, being considerate, providing information and getting consent. Parts B5 – B8 deal with respecting clients' decisions, providing access to patient records in addition to maintaining and safekeeping of those records. Each part of Principle B is listed below:

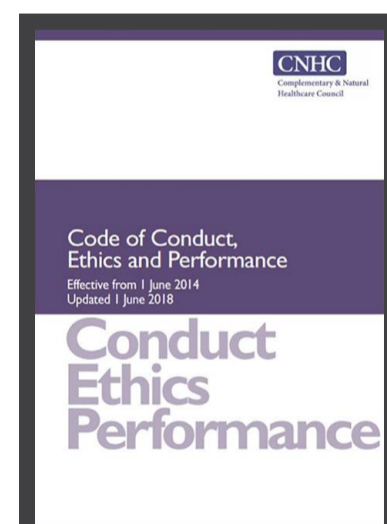
- B1 – Establishing effective communication with clients
- B2 – Politeness and consideration
- B3 – Accurate, relevant and clear information: an essential part of consent
- B4 – Getting consent
- B5 – Respecting clients' decisions
- B6 – Providing access to client records
- B7 – Maintaining client records
- B8 – Safekeeping of client records

The Code clearly defines all 8 parts including examples, circumstances, and guidance. We have received many queries leading up to the implementation of the new General Data Protection Regulations (GDPR) about the safekeeping of client records. We emailed a briefing note to all registrants in regards to this matter, which can be found on our website [here](#).

Even if you feel very familiar with The Code, we recommend you review it regularly because it sets out the standards registrants are measured against on the rare occasions when we receive a complaint from a member of the public.

You can find The Code on our website here: <https://www.cnhc.org.uk/code-conduct-registrants>

To request a printed copy of The Code, please email info@cnhc.org.uk or call 020 3668 0406



Professional Associations and CNHC Working Together

We receive a lot of queries about what the difference is between CNHC and a professional association. CNHC works with a range of professional associations across all of our registered therapies, and we work together to ensure standards of practice for practitioners are maintained and improved. CNHC is not a membership organisation but a voluntary regulator. We act in the public interest and are the only organisation set up with government support for this purpose.

In contrast, Professional Associations act in the interests of their members, to whom they provide invaluable services and support – for example:

- providing insurance services or access to insurance
- providing training and CPD events
- providing updates on research and developments within the profession
- encouraging aspirations to excellence in practice
- providing guidance and support to members who are subject to CNHC's complaints procedures

Another differentiating factor is that CNHC is the holder of an Accredited Register approved by the Professional Standards Authority for Health and Social Care. The government recommends that the public use an Accredited Register to choose a health or care practitioner who is unregulated by law. Plus, CNHC registration is often specifically required by NHS employers, private health cash plan providers and insurers.

For more information about CNHC and professional associations, visit our website [here](#).

Contact CNHC

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